



EN



Degree of difficulty

Instruction **YOGA BAG** length 63 x Ø 20.5 cm, circumference 65 cm



Materials from Gütermann

- Sew-all thread in a matching shade
- Cotton fabric 145 cm wide, collection COSY MOOD:
- 0.70 m magnolia pattern in light blue-white-pink
- 0.70 m light green cotton fabric
- 0.50 m grey blue cotton fabric
- 2.00 m grosgrain ribbon in taupe

In addition

- 1.50 m fabric insert G 740 iron-on, 90 cm wide
- 0.70 m round rubber in light green
- 2-hole cord stopper in transparent or white
- Cut paper

Tools

- Sewing machine
- Iron and pressing cloth
- Scissors
- Pins
- Textile marker or chalk
- Ruler
- Tape measure
- Compass
- Loop turner or thick darning needle
- Safety pin

Preparation

On cutting paper, trace a circle with Ø 20.5 cm and cut out.

Cutting

- Magnolia pattern: side part 65 x 63 cm
- Light green fabric: Bottom circle 2x each Ø 20.5 cm, side part 65 x 63 cm
- Grey-blue fabric: Tunnel closure 16 x 65 cm; handle 2x each 10 x 95 cm
- Fabric insert: 2x each Ø 20.5 cm; 2x each 65 x 63 cm; 2x each 10 x 95 cm

Cut all parts with 1 cm seam allowance.



1. Fix the fabric insert in place on all parts except the tunnel strip on the left side of the fabric. Place the coated side down on the back of the fabric, cover with a damp cloth and press in 12-second increments. After fixing in place, let cool for about 30 minutes, lying flat.



2. Fold and place the long edges of the handle strips right to right. Stitch the longitudinal seams 1 cm wide. Press the seam allowances apart and turn the straps with a loop turner or thick darning needle. Place the seam in the middle of the strips and fix in place with needles. Press the handle strips. Mark the centre on the front sides, put the grosgrain ribbon over it in the middle. Stitch along the ribbon on both sides with narrow edges.



3. For the side panel, place the magnolia fabric left to left on the light green fabric, with the fabric inserts on top of each other. Stitch along the seam allowances around the outer edges with machine stitches that are as long as possible. Mark the position of the handle from the 63 cm long transverse edges. Stitch the straps on both sides and stitch narrow edges according to the diagram.



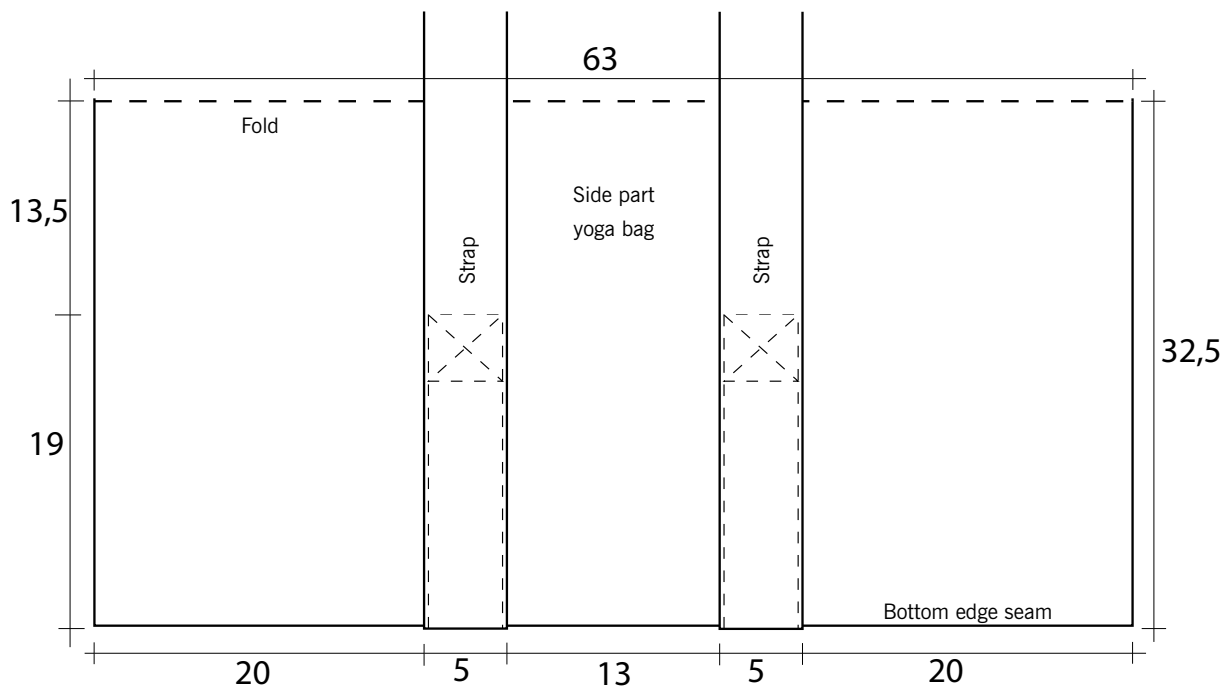
4. Fold the side panel right to right, the open edges are on top of each other and of equal length. Put the edges on each other and stitch the seam 1 cm wide, holding the straps together as you do. Trim the seam allowances. Press the seam.



5. Place both bottom parts left to left and stitch them together on the seam allowance. Press the quarter markings on the bottom, as well as on the side panel. Place the side panel on the bottom with the markings right to right. Stich the seam all around. Press the seam allowances and then press the side panel.



6. Fold the tunnel strip longitudinally left to left and press. Unfold again. Put the short side edges right to right and pin in place. Stitch the seam, leaving 1 cm for the rubber infeed before and after the marked centre fold. Press the seam allowances apart. Again fold the tunnel strip left to left and press. Put the stacked edges of the tunnel strip on the right side of the side panel, with the seams of the tunnel and the pocket resting on each other. Stich the seam all around, then trim all over. Press the seam allowances into the side panel, pulling out the tunnel strip. Stich the tunnel seam 1 cm away from the edge of the fold. Insert the round rubber with a safety pin into the tunnel, push the ends through the stopper and knot.



Gütermann GmbH
 Landstr. 1
 DE- 79261 Gutach-Breisgau
 Tel +49 76 81 21-0
 Fax +49 76 81 21-449
 contact@guetermann.com

www.guetermann.com



352084 1005136.0719/2.