



EN



Degree of difficulty

Instruction **TABLE RUNNER**

# Instruction **TABLE RUNNER**



## Materials from Gütermann

- Sew-all thread in a matching shade
- Cotton fabric 145 cm wide, collection NATURAL BEAUTY:
  - 1.40 m fern pattern in natural olive
  - 0.20 m PURE COLOURS in natural white (col. 1)
  - 0.60 m PURE COLOURS in beige (col. 186)
- Deco stitch 70 (col. 824 and 582)

## In addition

- 1.50 m fusible fabric lining G 700 in white

## Tools

- Sewing machine
- Iron and ironing cloth
- Scissors
- Pins
- Fabric highlighter
- Sewing ruler
- Tape measure
- Hand sewing needle

## Size

- 143 cm x 47 cm

## Cutting

- Fern pattern: 135 cm x 40 cm (place pattern course in the centre)
- Natural white: vertical stripes 3.5 cm x 135 cm, 2x; horizontal stripes 4 cm x 47 cm, 2x
- Beige: 51 cm x 143 cm (reverse side).

Cut all pieces with a seam allowance of 1 cm.

- **Tip:** If you wish to extend the table runner, you can divide up the plain-coloured fabrics for the lateral edging strips and the reverse side in the centre. From the cotton fabric, 0.40 m are required in natural white, 1.10 m in beige for 4 half vertical strips and 2 horizontal strips. Buy the fern pattern in the desired length of the runner (minus a seam allowance of 8 cm + 2 cm) (due to the course of the pattern it cannot be cut into pieces).



**1.** Place the long bordering strip in natural white onto a longitudinal edge of the centre piece, right sides together, and fix the fabric layers with pins. Stitch the longitudinal seam at the width of the seam allowances. Iron the seam allowances apart. Sew the second bordering strip onto the opposite longitudinal edge of the centre piece, iron the seam allowances apart.



**2.** Pin the shorter bordering strip in natural white onto the narrow end of the table runner, right sides together. Stitch a 1 cm seam. Iron the seam allowances apart. Sew the second bordering strip onto the opposite transverse edge and iron the seam allowances apart.



**3.** Place the fabric insert on the reverse side of the table runner, observing that the coated side of the insert is placed on the wrong side of the fabric. Cover the insert with a damp ironing cloth and press on the iron in intervals of 12 seconds step by step, be sure not to push. After completely fixing the table runner, place it on a flat surface and let it cool off for approx. 30 minutes.



**4.** Draw 2 lines for the embroidery stitch seams around the inner section of the table runner using a fabric highlighter or chalk. The first line has a distance of 0.5 cm to the inner section, the distance of the second line is 1 cm. Professionals may skip this workstep, they use the sewing foot to orient themselves referring to the seamline of the inner section or the first embroidery stitch seam. For the inner embroidery stitch seam, thread the Deco Stitch 70 in light green. Carry out a test seam first on a fabric remnant that is laid double, since for Deco Stitch 70 it may be required to change the thread tension. Stitch the inner embroidery stitch seam all round. For this, start and end in one corner. Carry out the outer embroidery stitch seam with Deco Stitch 70 in grey-green. When carrying out this seam, start and end in the same corner as before. Pull the upper threads of the embroidery stitch seam towards the reverse side of the fabric and fasten it with several knots there.



**5.** Pin the beige reverse side right sides together along the length of the runner. Stitch a 1 cm seam. Cut the seam allowances back to a width of 0.5 cm and iron them together towards the reverse side. Stitch the opposite longitudinal edge in the same way. For turning the runner, pin the front and reverse sides together on the transverse edges with the right sides together, making sure that the beige fabric protrudes at both longitudinal edges at the sides with a width of 1 cm in each case. Stitch the seam of the short transverse edge, stitching across the protruding fabric of 1 cm. Carry out the same work-steps for the opposite side, leaving an opening of approx. 10 cm for turning in the centre of the transverse edge.



**6.** Cut back the seam allowances at the transverse edges to 0.5 cm. Fold the seam allowances on the opening edges in the seam contour to the wrong side and iron them. Now turn the runner through the opening. Shape the edges and corners. Fix the front side to the reverse side all-round using pins. Iron the edges. Sink-stitch the longitudinal edges = close to the seamline of the reverse side, fixing the front and reverse side on top of each other. Close the opening of the slit on the transverse edge with invisible stitches by hand.

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